EXPOL
Underfloor Insulation

50-YEAR WARRANTY | AUSTRALIAN MADE SINCE 1984

UNDERFLOOR INSULATION DIY STEP GUIDE

TIMBER UNDERFLOOR INSULATION. EASY STEP GUIDE.

Rigid EPS board that sits between your floor joists and stays put.
No tradie, no quote, no install fees. Follow the steps and you will not go wrong.

CLEARANCES Keep 200 mm around metal heating flues, recessed downlights and exhaust fans. Keep 50 mm around brick and concrete chimneys.

THE INSTALL STEPS

STEP 1 • MEASURE

MEASURE THE JOISTS

Measure the gap between your joists. They vary, so measure a few.

STEP 2 • TRIM

TRIM THE EDGE

If required, slice down the concertina edge, leaving about 5 mm for a perfect fit.

STEP 3 • EXISTING FLOORS

SLIDE IT IN

Push the panel up between the joists, hard to the floor, no air gap.

STEP 4 • EXISTING FLOORS

FIT THE Z CLIPS

Existing floors: push-fit two Z Clips into opposite corners, 200 mm in.

STEP 5 • NEW FLOORS

LAY THE PANELS

New floors: lay each panel in from the top, flush on the saddles.

STEP 6 • NEW FLOORS

FIX THE SADDLES

New floors: fix two EXPOL Joist Saddles into opposite corners first.

STEP 7 • LAY PANELS

WORK AROUND CABLES

Sleeve cables in EXPOL Wireguard first. Never use a staple gun.

STEP 8 • LAY PANELS

WORK AROUND PIPES

Notch around pipes with a sharp knife. Leave 100 mm clearance.

DO IT ONCE. DO IT RIGHT.

Australian made by The Foamex Group since 1984 • 50-year warranty

expolinsulation.com.au